

Aao Gaon Chale

First “Aao Gaon Chale” – Rural Outreach Program conducted successfully at Saoner with 40 delegates attending the CME.

MSR conducted its First flagship “Aao Gaon Chale” outreach to support clinicians in rural and semi-urban settings with right fertility practices and clear referral pathways. The program was held at IMA Hall, Saoner on 4th Nov 2025 under the leadership of MSR chairperson Dr Ameet Patki with two focused scientific sessions: PCOS Management and Evaluation of the Infertile Couple.

Dr. Chaitanya Shembekar Covered diagnostic approach, metabolic assessment, and first-line therapy appropriate for primary care in PCOS. Emphasis on safe, monitored ovulation induction when required and avoidance of empiric polypharmacy with S.M.A.R.T approach for weight loss was very well received by the delegates. Dr Shembekar concluded with standardized basic work-ups, cost-sensitive, evidence-aligned care, and timely referral to higher centres when indicated.

Dr. Amogh Chimote talked about the scenario and prevalence of infertility in our country and emphasized on the need for complete and thorough evaluation of both male and female partners. As the cost of treatment may be high a proper and complete evaluation will help in diagnosing the factor causing infertility and help reduce the overall cost of treatment.

Questions focused on safe induction protocols, borderline semen reports, and interpreting tubal studies when resources are limited. Participants expressed interest in concise algorithms and ongoing access to faculty for case-based clarifications.

The program concluded with the message of Proper basics evaluation, deliberate but judicious use of investigations refer early when facilities have limitation and proper documentation.